

Come along and get involved!



The Great
Wellness
Exchange



Bracknell Leisure Centre

Saturday, 16 September
10am – 4pm

Stalls, demos and free
activities for all ages
and abilities.



The Lexicon

Friday, 29 September
Craft activities for adults.

Sunday, 1 October
Tea dance to celebrate
Silver Sunday. All ages
welcome.



Bracknell Open Learning Centre

Saturday, 30 September
10am – 3pm

Taster sessions and
activities for all.



For more details or
to book online, visit:
health.bracknell-forest
.gov.uk/gwe
or scan the QR code below.
To book by phone, please
call: **01189 369 100.**

