

SUPPORT FOR CARERS

REGISTER
WITH
SIGNAL

A carer is anyone who provides unpaid help and support to someone else; a family member, friend or neighbour.

SIGNAL CARERS SERVICE

SIGNAL supports adult carers of other adults with confidential, impartial information, understanding and assistance in Bracknell Forest. The service is free to use, funded by Bracknell Forest Council.

Signposting and Support	Information
Listening, encouragement and emotional support. Directing you to the services there to help you.	Finance, benefits, health, social care and newsletters.
Guidance	Networking
Completing forms, planning a break, help with carers assessment forms.	Meeting other carers at support groups, lunches and social events.
Advice	Learning
Mental Capacity Act, safeguarding, your rights.	Training you need to help you with your caring role.
<h2>CONTACT US</h2>	



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Signposting | Information | Guidance
Networking | Advice | Learning

