



# HOWARD PALMER GARDENS WOKINGHAM

FREE Outdoor Yoga Every Sunday

9.30am - 10.30am

4th May - 14th September

Look out for the Park Yoga flag

Park Yoga is for everyone!



No need to book.  
Bring a mat or towel.  
Stay hydrated, bring water.  
Don't forget sun cream.

VENUE PARTNERS



Wokingham  
Town  
Council